

# Activity Terms and Conditions

The information below must be read and accepted by all those participating in activities.

After reading, please fill in the provided disclaimer stating that you have understood and accepted the terms and conditions.

Definition: Adventure Now is the Trading name of LFTMS Limited.

1. All activities provided by Adventure Now can be physically and mentally demanding and may have inherent hazards associated with them, that can result in injury and/or death. Whilst Adventure Now takes all reasonable precautions to try and ensure the safety of all participants, accidents can occur.
2. If you do not adhere to the safety rules or instructions given by our instructors, we reserve the right to terminate your session and ask you to leave. In those circumstances no refund will be given.
3. For each activity you will be given a full safety briefing. If an adequate briefing is not given, or if you believe any safety issue is not sufficiently covered, discontinue the activity and report to the site manager.
4. Adventure Now does not accept any responsibility for loss or damage to any personal belongings.
5. Any participants causing damage to Adventure Now property by failing to follow the instructions given during the safety briefing and throughout the session, and/or engaging in reckless driving/behaviour may be liable for any costs incurred in repairing or replacing that property.
6. We may take pictures/videos of your activity during the day and put these on our website and social media accounts/pages. We may also use them for promotional material. If you do not want us to do this, please inform your instructor prior to the session. These can be viewed/downloaded, free of charge, from our Facebook page.
7. By signing the Activity Disclaimer, you confirm that you have read and accepted the Terms and Conditions provided to you by Adventure Now and that the information you have given on the form is correct. You also understand that there are inherent risks associated with outdoor activities and accept that no responsibility for accidents, injuries or loss or damage to personal belongings rests with the staff, unless proven to be caused by their negligence.
8. If any of the following apply to you, please talk to an instructor before signing the disclaimer:
  - Pregnant
  - Asthmatic
  - Communication, neurological or neurobehavioral disorders
  - High blood pressure, heart conditions or epilepsy
  - Back or neck problems (current or past)
  - Under the influence of alcohol or drugs
  - Any other relevant medical condition
9. Age restrictions for activities:
  - Archery, Axe Throwing & Throwing Angels – Minimum age 7
  - Quad Biking – Minimum age 10
  - Crossbows & Air Rifles – Minimum age 12
  - Air Pistols & Shotgun Shooting – Minimum age 16
10. Quad Biking Weight Limit is 21 stone/133kg
11. Air Rifles, Air Pistols & Shotgun Shooting – Anyone prohibited under Section 21 of the Firearms Act 1968 cannot take part in these activities.

By filling in and signing the provided disclaimer, you are agreeing to and accepting the terms and conditions above.

**IF YOU HAVE ANY QUESTIONS, PLEASE ASK ONE OF OUR INSTRUCTORS BEFORE THE SESSION**